



Melt Down Lullaby



CAIRO, EGYPT / MODERN METAL

ELECTRONIC PRESS KIT

LULLABIES FOR THE BROKEN

HEAVY. HUMAN. UNRESOLVED.

Meltdown Lullaby are a modern metal band from Cairo, Egypt, built around the songwriting partnership of Bishoy Assem and Omar Kamel. Crushing, syncopated riffs meet cinematic textures, technical guitar work and vocals that move from deep growls and abrasive screams to expansive melodic hooks.

Their music connects the turmoil within us to the world around us: psychological conflict, blind belief, collective denial, environmental collapse and the instinct to survive. Metalcore, thrash, alternative metal and progressive death metal become different expressions of that tension.

PRESS HIGHLIGHT / AFRICA.ROCKS

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CURRENT LINEUP

Omar Kamel

Vocals

Aly Fansa

Lead guitar

Milkana

Drums

Bishoy Assem

Rhythm guitar

Obs

Bass

Anwar Abosehly

Keys, synths & backing tracks

BEYOND THE NOISE.



OMAR KAMEL

Vocals



BISHOY ASSEM

Rhythm guitar



ALY FANSA

Lead guitar



MILKANA

Drums

LULLABIES FOR THE BROKEN

FORTHCOMING FIVE-TRACK EP

A fractured outside world meets the struggle within. Across five songs, Meltdown Lullaby move through manipulation, denial, isolation and collapse toward a survival instinct that offers no easy resolution.

01 WORLD BEYOND REPAIR

[VIDEO >](#)[SPOTIFY >](#)

RELEASED 7 SEP 2026

Cinematic orchestration, heavy grooves and contrasting harsh and clean vocals confront manipulation and societal collapse.

02 BULLSHIT FANTASY

[SPOTIFY >](#)

RELEASED 27 SEP 2026

Thrash-driven riffs and forceful rhythmic vocals turn frustration with dogma and collective denial into a direct challenge.

03 I HAVE ISSUES

[SPOTIFY >](#)

RELEASED 15 OCT 2026

A spoken introduction opens into heavy alternative-metal grooves, vocal vulnerability and a mounting rhythm-and-vocal climax.

04 IMMINENT DESTRUCTION

UPCOMING

An expansive, atmospheric composition connects societal and environmental ruin with a mournful Arabic vocal passage.

05 STILL BREATHING

UPCOMING

Melodic hooks and harsh vocals turn survival into a combative declaration, leaving resilience entangled with unresolved anger.

Click a released track title to listen on Spotify.



BUILT TOGETHER.

SONGWRITING / ALL FIVE TRACKS

Bishoy Assem - composer, arranger, co-lyricist

Omar Kamel - co-composer, co-arranger, lyricist

RECORDING & PRODUCTION

Recording: Omar Kamel & Bishoy Assem. Rhythm guitars: Bishoy Assem. Vocals: Omar Kamel. Synths and electronic elements: Bishoy Assem. Additional choir and orchestral elements on selected songs: Omar Kamel. Bass: Bishoy Assem, with additional parts by Samer Rizk.

Guest solos: Joe "Muffin Head" on track 1; Karim Ossama on tracks 2, 4 and 5. Mixing & mastering: Hussein Sami, Cairo Groove Studio. Logo: Amr Hosny.

MANAGEMENT / BOOKING / PRESS

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UPCOMING LIVE

09 JAN 2027

Cairo Jazz Club 610

Al Sheikh Zayed, Egypt

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